

# P.R.I.D.E.

SUMMER 2022

## Summer Photo Contest!



Be sure to send your summer karate pics to our email or share in our Facebook Group for a chance to win a customized Belt Display or an Amazon Gift Card!

**From Vacation to Staycation, where will your martial arts training take you this summer?**



## AK Summer Karate Day Camp

2 Days to Play!

July 20<sup>th</sup> August 10<sup>th</sup>

\$50 Per Camp Day

Cash or checks payable to Eliud Sanchez will be accepted for this event.

July Reg Deadline: 7/16

August Reg Deadline 8/6

Limited to 25 Campers!



## Summer Buddy Day!

**8/15 During your regular class time!**  
Friends who kick together stick together!



Bring a friend to class for some karate fun!

**Summer Safety** – Keeping us all healthy and safe throughout the summer! New topic covered each week!

**Weapon:** Bo Staff

**Form:** Dragon, Eagle, Teens– Star Block Set

**Form:** BBT – Universal III

**Self Defense:** Lone Kimono



**BBT and Young Master Students MUST HAVE EQUIPMENT IN CLASS SPARRING AND WEAPONS**



## Important Dates:

Save the Date!  
Next Graduation:  
September 22<sup>nd</sup>!

### 6 Weeks of Summer FUN!

7/11 - Ninja Obstacle Course!

7/19 Parents Join Class!

7/20 – AK Camp Day!  
**Reg. Deadline 7/16**

7/27 Team Building Day!

Review/Standards – 7/25  
Tip Test – 7/26+7/28

8/4 – Hawaiian Party Theme Thursday!

8/8 - Outdoor Classes!

8/10 AK Camp Day!  
**Reg. Deadline 8/6**

8/15 – BUDDY DAY -

8/17 – 5:30 pm  
No Regular Classes!  
Squirt Gun Battle and Ice Cream Truck!

Review/Standards  
8/22 + 8/23

Tip Test  
8/24+8/25