

P.R.I.D.E.

MARCH 2023

Belt Graduation!

Thursday 3/30

5:00 pm – Dragons and BBTJ

5:45 pm – Eagles and Teens

6:15 pm – BBT with a special performance from our Young Masters!

BELT REGISTRATION DUE IN SPARK 3/18!



Theme Thursday

3/16

Green Theme!

Harness your St. Patrick's spirit, or become the incredible hulk, and show off your green!

Attendance Reminders!

Please use our SPARK Member app to log class attendance!

Students should attend at least twice per week to maintain progress towards next belt!

If you have any questions, please see a team member!

Life Lesson: Courage- The quality that enables a person to face difficulty without fear.

Weapon: Kamas

Form: Tiger, Dragon, Eagle – Universal II

Form: BBT – AK Form I

Self Defense: Sword of Destruction



**BBT Students MUST HAVE EQUIPMENT IN CLASS,
BE PREPARED SPARRING AND WEAPONS**



"Spring adds new life and new beauty to all that is."

— Jessica Harrelson

*First Day of Spring
March 20th!*

Important Dates:

**All Belt Fees Due in
SPARK 3/18**

3/16 – Theme
Thursday!
Green Theme!

3/18 – 11 am - Black
Belt Qualifications
Check-in

3/27-
Review/Standards

3/28– Review/Tip Test

3/29 –Review/Tip Test

**3/30 – BELT
GRADUATION!**

**5:00 - Dragons and
BBTJ**

5:45- Eagles and Teens

**6:30 – BBT with a
special performance
from our Young
Masters!**